

9. Native Plants and Animals

There are a number of interesting and important plants and animals found at Salt Village. Some of these are recognised as threatened under legislation in NSW. Other animals, such as migratory birds, visit the site from time to time. Other species are increasingly using the site as areas of vegetation are enhanced to provide better habitat. Whatever the nature of their habitation, native animals are invaluable parts of our environment. Many of them provide important ecosystem functions such as control of household pests like insects and rodents.

10. Protecting Threatened Species

Ospreys are large birds of prey that prefer to nest in tall dead trees overlooking the waterways from which they catch their food. In recent years, Osprey numbers have reduced to alarming levels. An artificial nesting pole has been installed near Cudgen Creek at Salt Village. Within weeks of its erection, it was being utilised by a pair of Osprey. These birds are now regular visitors to the Village.

Common Blossom Bats feed on the nectar of native plants, in particular the Coast Banksia. These bats are also becoming increasingly rare. Over 1000 mature Banksias were planted at Salt Village to provide food for the Common Blossom Bats. Visits to the site by Common Blossom Bats are monitored annually through a scientific program funded by the developer of Salt Village.

Loggerhead and Green Turtles are found from southeast Queensland around the north coast of Australia to central Western Australia. Effective management actions for the turtles at Salt Village includes no lighting near the beach, limited four wheel drives on the beach, and distribution of educational information.

www.saltvillage.com.au

Benefits of Regular Cycling

Health

- Cycling is an excellent low impact aerobic exercise
- Increases circulation and cardiovascular health
- Increases the supply of oxygen and nutrients to all body muscles, organs including heart and brain
- Improves muscle strength in buttocks and legs
- Can be useful in rehabilitation of leg injuries

Mental & Social Health

- Can decrease level of depression
- Can give a “buzz” or feeling of elation
- Creates a feeling of freedom
- Is fun to ride with family or friends

Environmental

- Is pollution free
- Consumes minimal fossil fuels
- Reduces vehicle noise emissions
- Reduces land needs for car parking
- Safe bicycle paths add to the quality of life of a town, village or city

Economic

- Is a very affordable form of transport
- The average family works for more than six weeks to pay the running costs of a car for one year compared to less than one day needed to pay for one year of bicycle costs
- Car ownership and maintenance is expensive and consumes a major portion of many Australian's income
- Needs no fuel - you do most of the work and reap all the physical benefits

Research: Robert Longhurst, Julia Gill, Larry Price, Brad Bouchaud, Karlene Burgess & Judi Williams
Photography: Katelyn Winkworth. 2008

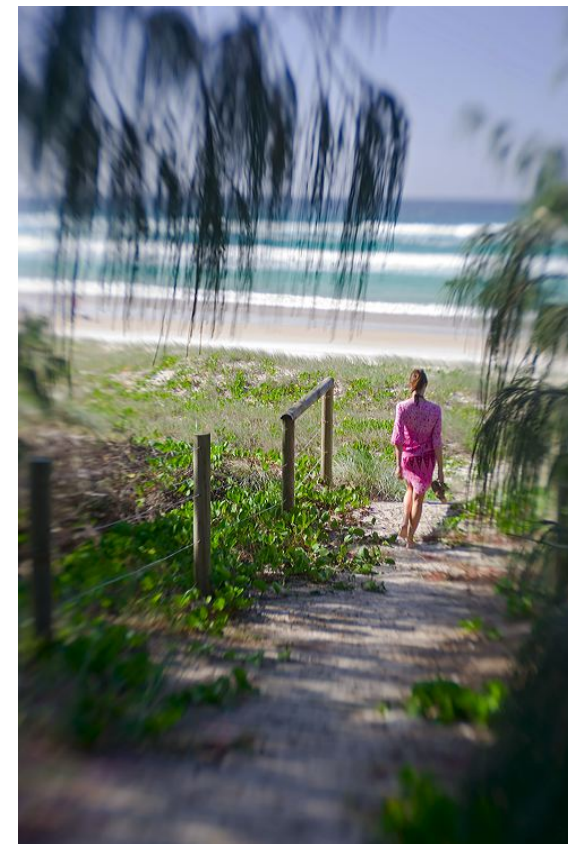
Produced By North Coast Area Health Service – Health Promotion
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Every effort has been made to ensure the information contained herein is correct.
In the case of any errors noted please contact 02 6674 9500

Salt Village

Walk or Cycle through History



**STAY TRIM & KEEP FIT
WITH EASY EXERCISE**

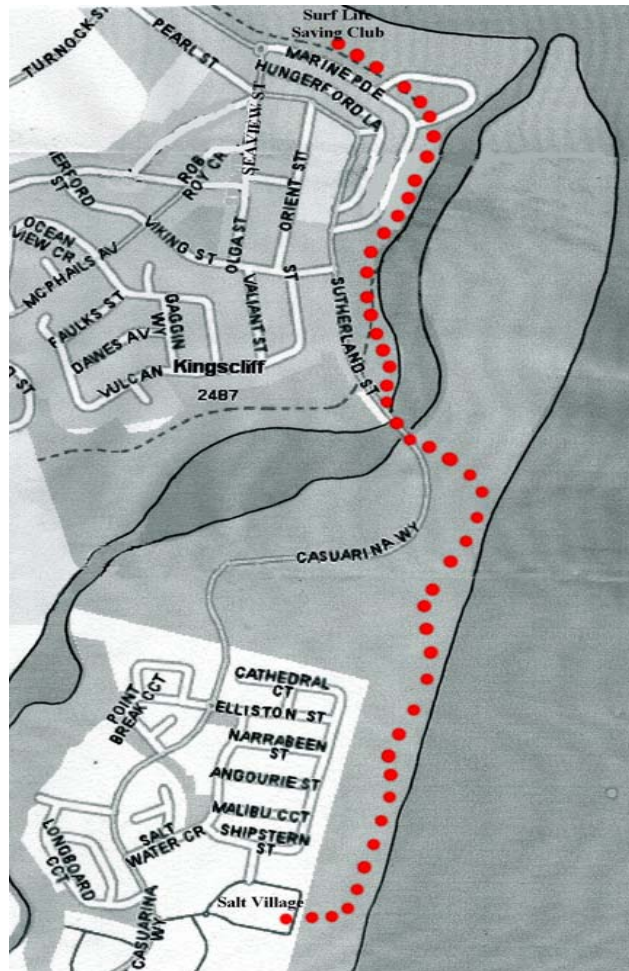
The series of brochures on Historic Walks of Tweed Shire are for information purposes only. Please consult your doctor or health professional before undertaking any historical walk to ensure the activity is appropriate for you.

Salt Village Walk

Grade: Flat

Time: Return-1 hour walk, 30 mins cycle

DIRECTIONS - Start at Kingscliff Surf Life Saving Club and head south along the estuary, through Ed Parker Rotary Park. Walk across Cudgen Creek Bridge and follow the walking path all the way to Salt Village. Return the same route. Refreshments are available in the centre of Salt Village.



Points of Interest

1. Cudgen Bridge

Before the bridge was built over Cudgen Creek, people would hire boats from Charnock's Boat Hire to reach the south beach for picnics and fishing. The discovery of rutile in the local sand dunes prompted the building of Cudgen Bridge to provide sand miners with access to the sands. There was no road to Pottsville in the early days, only bush tracks.

2. Salt Village Development

Salt Village was approved in 2003 and development commenced shortly after. Connected to Kingscliff by road as well as a pleasant dual walking/cycling path through heathland vegetation, it is an easy thirty minute walk from the centre of Kingscliff.

3. Master Plan

The Village master plan carved the 73 hectare Village into 433 home sites. With a strong focus on tourism, three resorts were built around the heart of Salt Village.

4. Salt Village Resorts

In order to underwrite employment opportunities for locals, the Tweed Shire Council insisted the site also include major resort infrastructure. There are now three resorts built around the heart of Salt Village. These include Mantra on Salt Beach, Peppers Salt Resort & Spa and Peppers Balé Salt. Altogether these resorts boast approx. 700 rooms.

5. Salt Village Services

Salt Village fronts onto 1.2kms of unspoilt beach, 1.2kms of salt water estuary, 16.5 hectares of parkland, and 6.6km of bicycle and walking paths. At Salt Village you will find a boutique store, a hair salon, world class restaurants, a café, juice bar, gelato store, an award winning IGA X-press supermarket, a bottle shop, an absolute beachfront bar and bistro as well as Salt Village Real Estate.

6. Salt Surf Life Saving Club (SLCS)

Salt SLSC was recently named the newest surf club in NSW after successfully serving a two year probation period. The club has been named the 129th surf club in the state and the first new club in 18 years. Salt Beach is patrolled 365 days a year by a team of professional and volunteer life guards to ensure residents and visitors safely enjoy the 1.2km stretch of beach at Salt Village.

7. Importance of the Dunes

Coastal dunes are important protectors of whatever lies to their landward side. This can include the plants growing along the foreshore, the animals that reside in the vegetation or the people and structures found in the coastal zone. The decision to enhance and protect the dunes at Salt Village was taken, not only to protect an important vegetation community that is home to many threatened plants and animals, but also to provide protection for those who reside at or visit Salt Village. Without the dunes and the vegetation that prevents sand blowing or washing away, coastal locations like Salt Village are at risk from storm attack, storm surges and extreme tidal events. Protection and enhancement of a healthy dunal system at Salt Village will protect the community and their investments for many years to come.

8. Native Vegetation

Among the most important features of Salt Village are the adjoining 26 hectares of Crown public lands forming natural areas along the beachfront and Cudgen Creek that have been protected and enhanced since development began. Management plans for the native vegetation along Cudgen Creek and the beachfront were prepared as part of the application to undertake the development. Over 70,000 plants, thousands of people hours and \$2.5 million have been spent to ensure these natural areas are restored to their former glory. Proof of the success of this program is the number of animals including threatened species that are once again calling Salt Village home.