4. Kingscliff Police Station

In Cudgen Headland's early years, the town was policed from Murwillumbah, Tumbulgum and Tweed Heads. Kingscliff's growing population in the 1950s led to the establishment of a one-man police station, first in a home on Kingscliff hill, and later at the station's present site in Marine Parade. The station has received increases in manning levels in recent years, and plays a strategic role in the Tweed/Byron Local Area Command.

- **5.** Wommin Bay Memorial Board Walk, at the end of Murphy's Road was officially opened in April 2007 as a memorial to Australian servicemen and women, and as an accessible wheelchair-access beach look-out for residents of the nearby Wommin Bay Village Retirement Community. Excellent views of the ocean, Fingal, Cook Island and the Kingscliff sea wall are obtainable from the look-out.
- **6. Wommin Bay Road** first opened in 1926, provided readier access from Chinderah to Cudgen at a time when more district people were acquiring vehicles, and there was also the first arrival of visiting motorists, many from Queensland. The superb Walter Peate Recreation Reserve at the beach end of the road serves many local and district sporting bodies. It was created by Tweed Shire Council, with the generous assistance of sand mining companies.



Aboriginal men & boys making tools for fishing & hunting on a typical North Coast Beach.

10 Point Hot Weather Checklist

When walking in hot weather:

- 1. Drink plenty of water before, during and after walks.
- **2.** Avoid walking during the hottest part of the day. Instead walk in the early evening or early morning.
- **3.** Choose loose fitting clothing made of light weight breathable fabric, e.g. cotton. This absorbs and helps evaporation of perspiration. Avoid nylon and rayon.
- **4.** Choose light coloured clothing to reflect the sun's rays.
- **5.** Wear a light-weight, broad-brimmed light coloured hat.
- **6.** Use an umbrella if you don't like wearing a hat.
- 7. Soak a scarf or hat in cold water on very hot days to keep your neck and head cool.
- **8.** Wear sun protection factor of 30 plus.
- **9.** Slow down your pace and decrease the intensity of your walk, especially when humidity is high.
- **10.** Walk in shaded areas such as a park with shady trees, forest reserve or inside an air-conditioned mall.

Research: Robert Longhurst, Julia Gill, Larry Price & JudI Williams Photography: Katelyn Winkworth 2008

Produced by North Coast Area Health Service – Health Promotion n Association with TWEED HEADS HISTORICAL SOCIETY INC.



Every effort has been made to ensure the information contained herein is correct.

In the case of any errors noted please contact 02 6674 9500

Kingscliff Dreamtime Beach

Walk or Cycle through History



STAY TRIM & KEEP FIT WITH EASY EXERCISE

The series of brochures on Historic Walks of Tweed Shire are for information purposes only. Please consult your doctor or health professional before undertaking any historical walk to ensure the activity is appropriate for you.

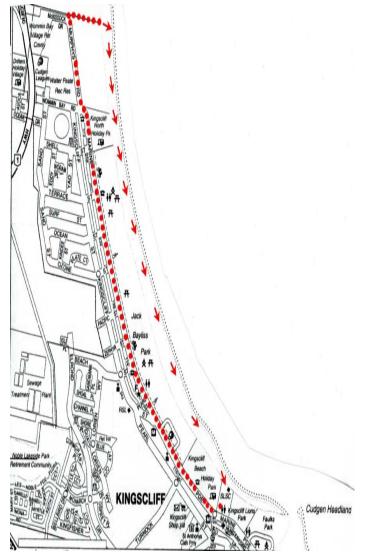
Dreamtime Beach Walk or Cycle

Grade: Flat

Time: One hour return.

The northern end of Kingscliff Beach is known as

Dreamtime Beach.



Directions

- Start at Surf Life Saving Club
- Head north parallel to coastline and Marine Parade
- Walk through parkland and past both caravan parks, making the most of shaded areas.
- Continue north past Wommin Bay Rd. in to Murphys Road.
- Opposite McKissock Drive, turn right into Wommin Bay Memorial Boardwalk and to lookout.
- Return via same route or along beach if tide is low.

Points of Interest

1. Cudgen Headland Surf Life Saving Club was founded in January 1922 at a time when Cudgen Headland was attracting increasing numbers of bathers, especially during public holidays. Two years later in January 1924 a bathing shed and pavilion was officially opened in conjunction with the new Wommin Bay Road (today's Marine Parade). By 1934 the Club had 67 members, many of them local and Tweed Valley farmers' sons. That year, thanks to public support, they were able to purchase their first surf boat "Cudgen 1". A small club house was erected in 1934. However in 1948 an ex-Air Force hut from Evans Head RAAF base was added. The Club's future changed in 1963 when it moved from the Queensland-based Point Danger Branch to the Far North Coast NSW Branch. In 1966 a new, modern brick club house building was officially opened by Sir Adrian Curlewis, and remains the nucleus of the present-day club. Cudgen Headland Club proudly hosted the 1977/78 Australian Championships, which attracted 3.882 competitors and a Sunday attendance of 25,000. The Club remains a vital Kingscliff institution, helping to ensure the safety of the town's beaches during the holiday season.

2. Kingscliff Bowls Club was established as the Cudgen Headland and District Bowling Club in 1949 as a result of a meeting of 17 local men. A special lease with the NSW State Government was obtained for the leasehold of public land, which is the site of the present-day

clubhouse. The original leasehold fee was three shillings for an indefinite period.

In 1951 the bowling green was completed and over the years many improvements have been made, including extensions, the construction of new buildings and the acquisition of further leasehold Crown land. Since 1973 the Club has acquired a regional and national reputation for the quality of its catering, whilst the introduction of poker machines has proved a valuable source of income. The Club has also acquired a wide reputation as a favourite all-weather green, with the "Classic Pairs" Tournament, first introduced in 1973, now regarded as the richest bowls competition for women in Australia. Now known as the Kingscliff Beach Club, a major new club house building was erected in 1994/5, and improvements and extensions have continued since that date.

3. Planting of Norfolk Island Pines

In 1956, avenues of three year old Norfolk Island pines and numerous coconut palms were planted by the Lions Club, Kingscliff Progress Association and local residents, to provide shade at the foreshore caravan park. These trees stretched from Marine Parade, Kingscliff North (formerly Wommin Bay) to the bowling green and beyond.



Pandanas Palms & Norfolk Island Trees along the walk